

CHILDHOOD CONCERNS SURVEY

Below is a list of items that describe children. For each item please circle the response that best describes your child. Use the scale below from *not at all true* to *very often true*. Please answer all the items as well as you can, even if some do not seem to apply to your child.

	0	1	2	3	4
	Not at all true	Seldom true	Sometimes true	Quite often true	Very often true
1. Has difficulty stopping him/herself from worrying.....	0	1	2	3	4
2. Worries that he/she will do something to look stupid in front of other people.....	0	1	2	3	4
3. Is afraid of doctors and/or dentists.....	0	1	2	3	4
4. Is scared to ask an adult for help (e.g., a preschool or school teacher).....	0	1	2	3	4
5. Would be upset at sleeping away from home	0	1	2	3	4
6. Is scared of heights (high places).....	0	1	2	3	4
7. Is afraid of meeting or talking to unfamiliar people.....	0	1	2	3	4
8. Worries that something bad will happen to his/her parents.....	0	1	2	3	4
9. Is scared of thunderstorms.....	0	1	2	3	4
10. Is afraid of talking in front of the class (preschool group) e.g., show and tell.....	0	1	2	3	4
11. Worries that something bad might happen to him/her (e.g., getting lost or kidnapped), so he/she won't be able to see you again.....	0	1	2	3	4
12. Is nervous of going swimming.....	0	1	2	3	4
13. Worries that he/she will do something embarrassing in front of other people.....	0	1	2	3	4
14. Is afraid of insects and/or spiders.....	0	1	2	3	4
15. Becomes distressed about your leaving him/her at preschool or with a babysitter.....	0	1	2	3	4
16. Is afraid to go up to a group of children to join their activities.....	0	1	2	3	4

0	1	2	3	4
Not at all true	Seldom true	Sometimes true	Quite often true	Very often true

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| 17. Is frightened of dogs..... | 0 | 1 | 2 | 3 | 4 |
| 18. Has nightmares..... | 0 | 1 | 2 | 3 | 4 |
| 19. Worries about doing the right thing..... | 0 | 1 | 2 | 3 | 4 |
| 20. Is afraid of the dark..... | 0 | 1 | 2 | 3 | 4 |
| 21. Asks for reassurance when it doesn't seem necessary..... | 0 | 1 | 2 | 3 | 4 |
| 22. Is wary of large animals..... | 0 | 1 | 2 | 3 | 4 |
| 23. Acts shy and quiet around new people..... | 0 | 1 | 2 | 3 | 4 |
| 24. Seems nervous in new or unusual situations..... | 0 | 1 | 2 | 3 | 4 |
| 25. Gets upset if s/he makes a mistake..... | 0 | 1 | 2 | 3 | 4 |
| 26. Becomes distressed if separated from parents..... | 0 | 1 | 2 | 3 | 4 |
| 27. Gets upset if something unexpected happens..... | 0 | 1 | 2 | 3 | 4 |
| 28. Is afraid of loud noises..... | 0 | 1 | 2 | 3 | 4 |